



Edmonton County School
Educating our Community for Success

If you're always
trying to be **normal**
you will **never know**
how **amazing** you can be.

- *Maya Angelou*



**Year 10
Assembly
THURSDAY 18th June 2020**



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Don't forget
Academic
Review Day!

Many thanks to all those who attended our ARD this week- it was a great turnout and your tutors really enjoyed seeing and talking to you.

We will see you soon for the next one in the **week beginning 29th June.**

Get working on those targets!



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Yr10: Wellbeing Survey

Thank you to those pupils who took part in our wellbeing survey. The results for year 10 are on the following slides.

A few answers suggested some pupils aren't coping well.

Please, if you need to talk to someone, let us know or use one of the support websites listed on this assembly.

Thank you. Stay safe and well.



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75% of you said you're getting on well with your family at home. About a third of you quite like being at home, and another third of you are getting a bit bored!

37% of you are worried that you have missed out on your learning- keep working hard at home, even though it can be difficult on your own. Keep in regular contact with your teacher via the SMHW app or their emails. Let them know if you are struggling with the work!

6/10 of you said you have somewhere quiet to study. If you don't have a laptop or are struggling to share one, please let us know and we can arrange for work packs to be sent home.



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Please take the time to have a browse through these websites – they offer a lot of support for student well being and having a positive mind-set.

- <https://riseabove.org.uk/>
- <https://www.childline.org.uk/info-advice/your-feelings/anxiety-stress-panic/worries-about-the-world/coronavirus/>
- https://youngminds.org.uk/?gclid=EAlaIQobChMIpqbgzf_G6AIVV-DtCh1-MAuTEAAYASAAEgLDbvD_BwE
- <https://www.kooth.com/>

Every day is a *New* beginning.
Take a deep breath and
Start Again.



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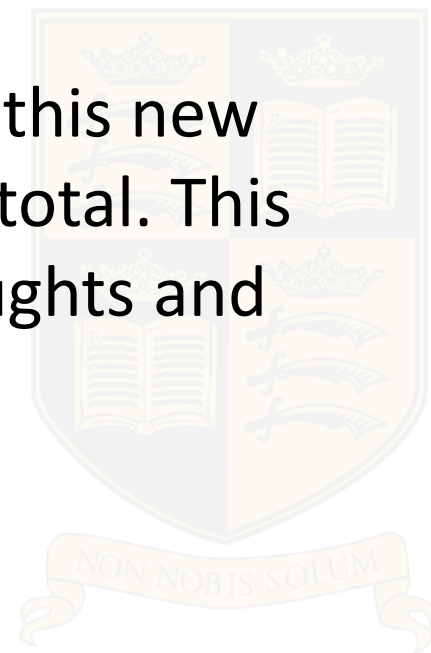


<https://members.gcsepod.com/shared/playlists/playlist/3191941/81762>

Please have a listen to the 3 pods on this new playlist- they are about 16 minutes in total. This might help you with your mood, thoughts and general wellbeing.



gcsepod
education on demand





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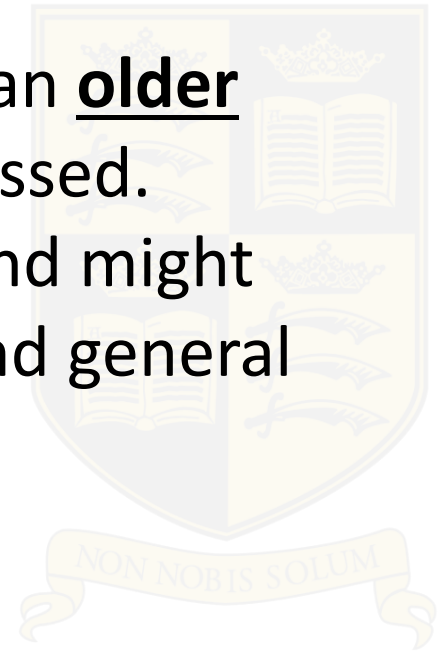


[https://members.gcsepod.com/shared/playlists/
playlist/2857426/81748](https://members.gcsepod.com/shared/playlists/playlist/2857426/81748)

The 3 pods on this playlist are from an **older assembly** that you might have missed. They are about 12 minutes in total and might help you with your mood, thoughts and general wellbeing.



gcsepod
education on demand





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Things you should do every day to keep your mind healthy:

Sleep- this repairs your brain, allows your brain to make connections and retain information

Focus- doing something that requires lots of concentration- this will probably be school work at the moment!

Connecting- speaking with others, friends, family, being social

Playing- doing something fun (young children are particularly good at this!), laughing

Relaxation- watching tv, 'switching off'

Mindfulness- some relaxation, reflection on your day, breathing exercises

Exercise- physical activity, raising your heart rate- keeping you fit!



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Contacting the school

As already stated we are here to support you all in any way we can. If you have any difficulties logging into any of the platforms shown on this email please ensure you contact us via email as shown below or you can call the school on 02083603158.

Someone will be in touch with you if you leave a message.

Please share this message with anyone who is having trouble accessing school resources. If you need anything printed or you need to collect anything then please let us know.

Progress Leader Name (Bury) Ms Harper

Progress Leader email mharper@edmonton.enfield.sch.uk

Student manager name: Miss McKenzie

Student manager email: jmckenzie-ward@edmonton.enfield.sch.uk

Progress Leader Name (Cambridge) Ms Hilliker

Progress Leader email ehilliker@edmonton.enfield.sch.uk

Student manager name: Ms Uddin

Student manager email: nuddin@Edmonton.enfield.sch.uk





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There is a great selection of free, online talks that may interest you– please see the next 2 slides for the dates and times and how to watch them:

Monday 22nd June

10am - Zoe Irvin – Creative Director, John Frieda

2pm – Armando Iannucci – Oscar nominated writer and director

Tuesday 23rd June

10 am - Richard Waterworth – General Manager, UK & EU Tik Tok

2pm – Tamara Holmgren – Engineer and Project Manager, BP

Wednesday 24th June

10am – Maurits van Tol – Chief Technology Officer – Johnson Matthey

2pm – Bernadine Bocker Wieder CEO, Vastari Group Ltd





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There is a great selection of free, online talks that may interest you – please see below for the dates and times.

Thursday 25th June

2pm – Big Narstie & Ciaran Thapar

Friday 26th June

10am – James Worrall – Founder, Leaders in Sports

HOW TO JOIN THE VTALKS

Join 10 minutes before the VTALK to be ready

You can join without needing an account – [Watch how here](#)

For full speaker descriptions visit the [VTALK Schedule here](#)





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Only 55% of you have activated your GCSE pod accounts.

Your tutor can tell you your log in details.

Please log in to use this great resource!

To activate your student account for the 1st time, you should:

- 1) Go to www.gcsepod.com and click “**Login**” in the top right-hand corner
- 2) Click “**New here? Get started.**”
- 3) Follow the instructions.



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Birthday Celebrations for this week!

15th June to 3rd July



SADIYAH
EMRE
MARTIN
JUNIOR
BRIAN
SONNY
REX



RHYS
YASIN
DILARA
SALAH
CASSIE
MELIZ

*Let's
Celebrate!*



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Show My Homework

Tutor Group	% students who logged on
B1	100%
B2	95%
B3	100%
B4	95%
B5	100%
B6	86%

Tutor Group	% students who logged on
C1	100%
C2	100%
C3	90%
C4	83%
C5	90%
C6	95%

A huge well done to B1, B3, B5, C1 and C2! Fantastic that you have made 100%!

Everyone- you must ensure that you are logging on to check what work you have been set- it is so important right now that you stay on top of things.

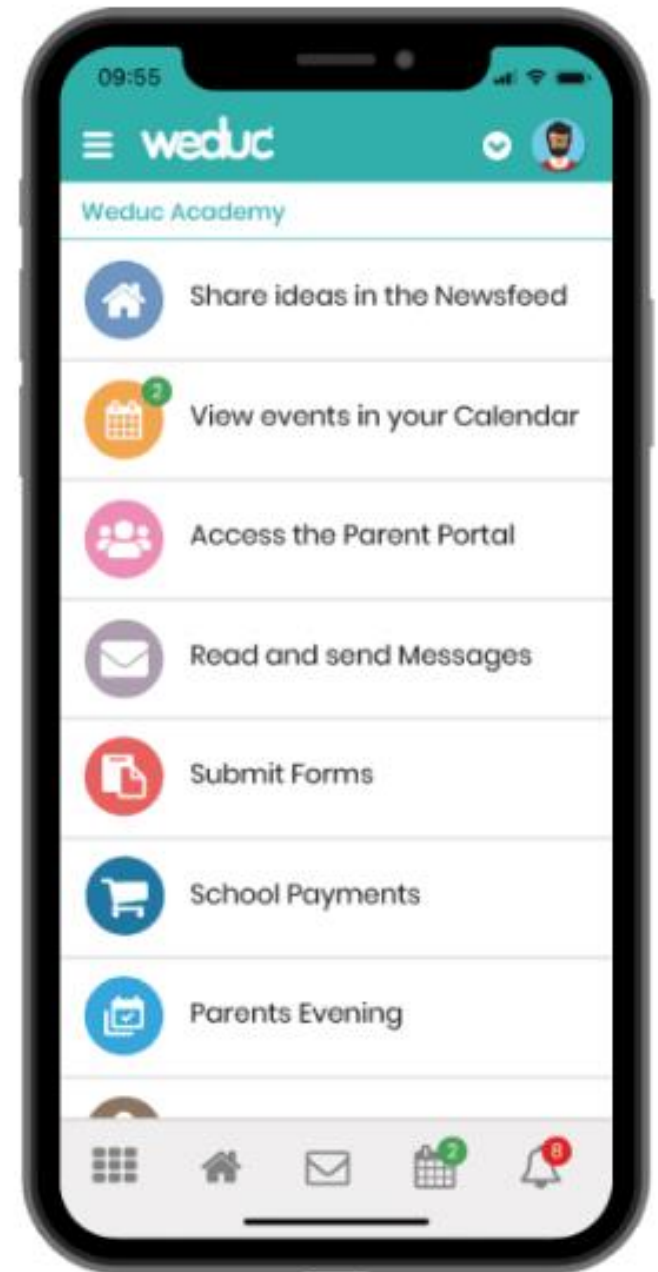


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Please visit the school website for information on how to download the new app- which has the goal of making communication between ECS and our parents much easier!





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Online Learning

Here is the list of the online platforms you can use.

If you are struggling to access the online resources you can email either Ms Harper (Bury) or Ms Hilliker (Camb) and we can pass it onto the relevant departments.

1. www.gcsepod.com (Available for ALL year groups)
2. www.educake.co.uk (Science & Geography only)
3. www.senecalearning.com
4. www.pearsonactivelearn.com
5. www.hegartymaths.com
6. <http://www.pinpointlearning.co.uk/> (Y10 Maths only)
7. www.quizlet.com (French & Spanish only)
8. www.bbc.co.uk/bitesize (no log in details required)
9. www.thenational.academy/online-classroom (no log in details required)



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HM Government

Government Guidance



Only go outside for food and health reasons - taking part in daily exercise is good for you.

- If you do go out, please stay 2 metres (6ft) away from other people at all times
- Wash your hands as soon as you get home for at least 20 seconds
- You can spread the virus even if you don't have symptoms.

Safeguarding:

If you need support at home, the school safeguarding team can still be contacted - details are on the school web site.