



Edmonton County School

Educating our Community for Success

23rd November 2020

Advice for Child to Self-Isolate – students in Cambridge Campus Year 10 - UPDATED

Dear Parent / Carer,

We have been advised that two members of our school community in the **Cambridge Campus Year 10 'bubble'** have confirmed cases of COVID-19.

Following the advice from Public Health England and the Department for Education, we have taken the decision that, for the safety of identified students this 'bubble' and their families, **all Cambridge Campus Year 10 students** will now need to **stay at home** and self-isolate **up to and including Wednesday 2nd December** (note that this has been updated from Monday 30th November).

If your child is well at the end of the period of self-isolation, then they can return to usual activities, **returning to school on Thursday 3rd December**. (updated from Tuesday 1st December).

We are asking you to do this to reduce the further spread of COVID 19 to others in the community. Further information can be found at: (<https://www.gov.uk/government/publications/what-parents-and-carers-need-to-know-about-early-years-providers-schools-and-colleges-during-the-coronavirus-covid-19-outbreak>)

Other members of your household can continue normal activities provided your child does not develop symptoms within the 14-day self-isolation period. Please see the link to the PHE Staying at Home Guidance <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they must not come to school and should remain at home for at least **10 days** from the date when their symptoms appeared. **Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.**

- All other household members who remain well, must stay at home and not leave the house for 14 days. This includes anyone in your 'Support Bubble'.
- Further information is available at: <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>
- The 14-day period starts from the day when the first person in the house became ill.
- Household members should not go to work, school or public areas and exercise should be taken within the home.
- Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community
- If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

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Symptoms of COVID 19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, your normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from NHS 111 at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Students should log on to Show My Homework daily to find work to complete during their period of self-isolation.

Yours sincerely

Paul Miller,
Head of School

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